

Dear brothers and sisters,

Namaste! Please find my report on Chitlake program conducted by Imperience from December 25<sup>th</sup> 2022 to January 1<sup>st</sup> 2023

1. The program was conducted at Songs of the earth resort which is located on the outskirts of Hyderabad. Felt that the natural environment at the place is conducive to be in the thought of Master

2. The food that was taken during the program was simple

3. Felt happy to be with group of Abhyasis with everyone coming together, cooperating and serving each other

4. One of the Abhyasi brother who stays close by was of great help in arranging groceries and other needy items

5. Some of the works from Master's literature were kept for Abhyasis to read and contemplate

6. We were let free...one can read a book, take stroll in the lawn or contemplate

7. Discussions with Dr Madhava garu were illuminating. We were either reading a topic from Pujya Babuji's works, getting clarifications, discussing about anecdotes of Pujya Babuji

8. At the end of the program, there was a strong feeling to do sadhana with more determination

Thoughts and feelings during the Satsangs

1. Felt layers of grossness peel away
2. Observed a variety of colors that are thick
3. Felt a divine channel extending infinitely from the heart
4. Felt something sprouting from the heart
5. Observed a lotus present at the heart and it's petals expanding
6. Felt expansion and contraction
7. Felt grace of presence of Pujya Sir and Pujya Babuji
8. Felt that everything is cooperating together
9. There were some thoughts about family and work, but they were not disturbing

My sincere appreciation to brother Vidyadhar and Dr Madhava garu for all the help and support in organizing the program

I thank Imperience and ISRC GC members for giving me the opportunity to participate in the program

pranams

Rama Prasad