

Sufferings and Ailments

- Revered Babuji Maharaj

The sufferings and ailments are indispensable for the body and they help much in the purification process. A great benefit which we derive from them is that in that case the watchful eye of the Master remains on the devotee and that means closer contact and nearness. Nature is the greatest healer, so they say. It is a clear proof to show that the sympathies of the Master are turned more towards an ailing brother. The world is full of sorrow and misery. To undergo them is like undergoing an operation by the Highest for setting us in proper order. That means an affectionate motherly treatment. A man may have reached the highest summit in spirituality but that does not imply that he has gone beyond physical afflictions, unpleasant to his senses. The power of endurance, no doubt, also develops with it. These things do not touch the deeper layers of water. One of the commandments of our Mission directs us to be thankful to God for all the miseries and troubles. There are reasons for it. When we are in a thankful mood we touch the inner core of the being coming in closer contact with it. As a result every nerve of our body gets charged with that pious influence effecting all the uniform state all over. In this way man so cleverly turns hell into heaven for himself.

