

# THE METHOD OF SUBDUING EGOISM

- Pujya Babuji Maharaj

I am very glad to know that you have mustered courage to undergo special training, and I shall definitely do this. May God help me and you also keep me informed. But, before it's start, it is necessary to clarify those things, which I told. I had made a beginning (start) of special training there. Cleaning yourself by and by, let yourself reach the stage. Then that condition will automatically start opening up. The way to it is still closed (blocked). But, dear brother, do not do it again and have mercy (pity) on this frail body of mine. It is my hope that you will certainly progress further.

You must have been doing the labour of cleaning. Brother! I do wish this only that all of you should make my life (being) successful. But, it can happen only when you people become grand (glorious/brilliant). By grandeur (brilliance), I mean that you should shine. The grandeur of mendicancy is not reflected by clothes, but by the colourlessness (lacklustre) of the heart.

How does colourlessness arise? When all the colours get mixed together.

How is it known? When the balanced state is developed.

How does the balanced state come up? When extreme humility is developed.

How does the extreme humility develop? Through surrender/submission.

How is submission (surrender) created? (Through self abnegation) or through effacement of self.

What comes out of (through) self-abnegation is called submission of the highest order. But, its beginning is effected in this way that God or whatever be the ideal (is taken) as supreme; this is the elementary thing which I am telling. Then we submit (give up) ourselves to that ideal just like a dead man in the hands of a dresser (who gives it a bath). He may handle his hands and feet in whatever manner he likes, he (corpse) cannot resist it. If someone asks me to give a prescription for shattering egoism, then this alone is the remedy and these would be

its constituents. No better device than this comes to my comprehension. Egocentricity is eliminated when we establish somebody's greatness in heart. There is a secret and also an advantage in it. That a camel becomes aware of its smallness (pettiness) when it confronts a mountain. What is the secret? Just a small one which hardly attracts the attention. It consists in our attitude that we start making comparison of ourselves with the others; and then assume ourselves to be inferior (small) to them. Thus we administer the first shock to our pride (egoism). If the idea of comparison is removed from the heart the concept of progress wanted also starts moving out. Comparison tells us what we have to become. When the idea of becoming takes root the devices to achieve it also start sprouting in the mind. And then we also make attempts to get at it and when we start making attempts to become like that, we then get ourselves attached with our ideal to a certain extent. Our thought also gets oriented towards the same and (in this way) this alone creates the shape of Constant Remembrance by and by. When (the state of) Constant Remembrance develops in us then its very heart and electricity gives our tidings to the Master and when the tidings have reached the Master, then it no longer remains possible that His current would fail to arrive at the pole in you. So dear brother, all the beneficial things which came to my comprehension at this time have been put before you.

Now, to do all this remains in your hands and the help from God (Master). The technique of sending your message to that end remains just this. Otherwise, brother, you may go on screaming, who is there to hear the voice of the parrot in the dream house ( i.e. Who would listen to a cry in wilderness?) God has no ears so as to hear them nor does He have eyes to see. Whatever is there with Him that alone is the instrument for all these things. And brother, we have to arrive at the same end at last, that is we also prick our ears and eyes as well, so as to become like that ourselves. (It does not mean that somebody should prick eyes and ears with help of some instrument). You must have grasped its meaning that we have to become just like that.

(From a letter to an abhyasi)

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