## "The Present Question before the World is How to Lead a Happy Life. But the Difficulty Comes When We Move Forward Backing Towards the Sun"

--- C S Raghavan - Hyderabad

My Pranams to our Great Master and I welcome all to this seminar and the topic is taken from the message given by our Master on the occasion of inauguration of Ashram on 20-02-1972 at Channapatna. The message is that "The present question before the world is how to lead a happy life. But the difficulty comes when we move forward backing towards the Sun."

Here Master says that Sun is our Goal and one should keep the goal in his view and travel towards the goal i.e. travelling towards the Sun.

In the message dt 30.4.80 at Delhi, Master states that if we stand facing the Sun, we will get light and when we stand with our backs towards the Sun, we get darkness. That means, we produce both darkness and light by our own actions.

In the message dt 21.5.80 Master says that, the way which leads to Almighty is one and one alone. Divinity is play and Divine the way. To reach the Goal you need the help of a capable Master.

In the message dt 20.06.67, Master says that the role of Guru in human transformation and spiritual development is very important. Abhyasi can't move into higher planes due to the subtlest force existing there. Even in the lower stages also it is difficult to proceed by his self-effort. So far, we haven't thought of Divinity in its real state because we have not created yet the environment of that type. We go backward to darkness instead of going face to face with light which results into distancing ourselves away from Reality.

God is subtler among subtlest. To achieve Him one need to adopt the subtlest means only. That's why Divine Light on heart is suggested for Meditation. Other day- to- day practices are also given by our Master. So, travelling towards the Sun means following the Master's method in the true letter and spirit without combining any other methods. By combining any other methods,

One will not move forward and one will move in the same plane without any goal.

In the Message dt 20.12.72, Master says that if you put one step towards the Goal then Goal itself will move towards you. Mind can be known by Mind and Divinity can be known only by Divinity. The Sun is there but the over-cloudiness you will have to remove yourself to have its full lustre.

In the message dt 12.09.76 at Bengaluru, Master asserts that all our actions are the result of our own thoughts. If somehow, they are dilapidated then Reality begins to dawn till it grows to its full-length giving fruits & flowers. This will give a new life to the sleeping condition of a man and prepares him for highest condition reserved for human beings. This will remove all the obstacles on the path and bring him to a condition called "Death of Death " or "End of End" the true meaning of "Realization" and if a man is absorbed in this condition, it means the way is clear and the door to the Sun (Goal) is open.

I feel and I am of the opinion that anyone after finding the Method, Mission and Master, one should test the method to the best of his ability. On satisfying with the Method, one shouldn't leave the Method & the Master under any circumstances. Abhyasi should march towards the Goal like a brave soldier with confidence in the Master and himself. Constant remembrance, love and devotion in the Master will clean all the dirt and obstacles in the way and lead him to the Goal successfully.

In the message dt 27.11.68 at Vijayawada, Master says that our path is infinite. Only Master's help and grace will take you to the Goal. One should practice the method assiduously and love him alone who loves all and who is loved by all and serve the Master by being in his service through spreading his messages and the method of Meditation for Realization to the nook and corner of this world to the best of one's ability which is the surest way to reach the Master in this very life. This is what travelling towards the Sun (Goal) facing towards the SUN.

Pranams.
In the service of Master