

“Our duty is to grasp it firmly and stick to it at all cost. The renunciation develops automatically in our system.”

By Shrikant Mahajan

Namaste to all my brothers and sisters,

Master has given us a very simple way in spirituality free of any complications of whatsoever nature. He says there is no difference between Saints & us, or rather everyone has a birth right to become a saint. In fact, at one place He has said since it was possible for me to traverse on the path with the assistance of my Master hence anyone too can do it. He shares His experiences with us without any reservations. He said He was fortunate to get a capable Master & He merely followed the Master in toto. He never allowed sight of His Master to go away from His view. He might have hardly done any worldly nay even biological activity, like partaking food or breathing without express permission or at least thought about His Master. This simple technique He says is the key to success in spiritual growth once we set at the very outset, the thought on our Goal of life. That's all we need to do once good fortune renders us the awareness of the good for our life, then its maintenance could safely be rest upon Constant Remembrance.

In worldly life, we experience that good opportunity does knock our door some time or other but we often do not pay much heed or take any cognizance of it. We may recall the days when Ramayana serial was being telecasted, the situation then was no different than any curfew, all were hooked to the nearest TV set, as the divine attributes or feelings portrayed therein were compatible to omnipresent God in every heart & many viewers found the God calling on us. There is craving in every soul for reaching the Ultimate because every one of us has come from that single source & naturally want to return to the Homeland but depending on his choice of living life i.e. in employing his willingness & power to seek freedom or remain entangled. Likewise, the current lockdown has enabled us to notice the superfluities in our individual life & how it's possible to lead simple life to clear bhogas, a sort of ATK state from our past lives. But all such feelings are treated by us as mere flash & are not given due power & energy. In fact whatever happens to us is part of His design with some intent. We need to remain pure & become deserving for His grace. Sometimes a call for our own elevation gets ignored & we

continue with the same rut. This has a long history or legacy. When we were born for the first time, we used to harbor the feeling of being dependent on God as it preceded even our consciousness. Later, we assumed a state of being capable to manage our life with occasional help from Him. With the development of I-ness, we nurtured separateness from our fellow beings & instead of sharing the resources, we indulged in becoming one up position from them. Thus, as selfishness started growing, we forgot our intention of living life- the interdependency with God, that God wants all his creations to live in harmony & express Him by reflecting Divine attributes in our lives. While living self-centered life, we did gain some happiness for quite some time but later somewhere deep in mind a feeling of insecurity occurred as to whether this happiness could be had in future also? We even blamed environment around us responsible for this degradation. Invariably, we human beings knowingly or unknowingly indulge others to get spoiled- if we honestly analyse, we find that seldom we come together for relishing satvic stuff like say masala milk, whereas all bad habits are bought for free. God is however so gracious & kind, He arranges even by a stray thought or an enquiry as to whether what's going on is correct. We should not allow this precious thought which might be accidental, to slip away, as basically it's due to His kind grace. Despite all our sinful life so far, such insightful thought is bestowed on us as a part of His design to make us wake up from our sleeping state. We should hold it firmly, as it is a great hint to tell us what is good for us & what's not, the real Viveka. It indirectly hints us to leave the ways & means of temporary happiness but go for things of shaswat nature. Just by being with Him will let all unnecessary things from our life to drop off. Let's love Him alone, as with that all His creations in our vicinity get due love from us, & we are unlikely to develop undue attachment with our near & dear ones & subsequent problems that they may later pose or arise out of our motive hidden love. Thus, we should be cautious of the hazards of remaining entangled with our makings. We must acknowledge that all the bad, spoiling things in our day to day life are own creation. By distancing away from them, we can steadily pave the path towards our Goal. To be away from them is many times easily said than done, as the panch mahabhootas are ever strong, ready with their traps. Due courage, sacrifice & determination are required to stand against them. All this can be accomplished by remaining attached to Him alone. We are all aware of simple logic that when we are here, we are not there. So this should serve as a go-no go tool, when I am with God, I am unlikely to be in

the lap of bad things. Since God is not directly accessible to us, prudence lies in depending on our beloved Master who is ever ready to hold our hand & render lifelong support in steadily pursuing the holy path as He has full knowledge of pitfalls & impediments enroute. Since the path is very slippery with many possibilities of leaving His hand to wander elsewhere, every moment we need to be with Him. And that's possible by constantly being in His thought. So renunciation is not a part of our Sadhana but it occurs to us as natural outcome of our sincere Sadhana in constant remembrance of Him in our spiritual living & full faith in Him.

Let's all pray to Him to cause such feeling in every one of us later to develop due craving for achieving our Goal which should in no way lesser than liberation.